I've had hemophilia since I was born, but with proper treatment, I can do just about anything.

And you can't catch it. So we can be friends!

Hemophilia means I can bleed and bruise easily.

Bleeding may happen in joints like my ankles, knees, and elbows. Even in my muscles.

If I bleed or bruise, I rest, put ice on it, see the doctor, or go to a special clinic.

Playing builds muscles and helps my joints.

Nothing too rough... Swimming is perfect!

And the bracelet I wear lets people know I have hemophilia so they'll know how to help if I get hurt. (It's a medical alert bracelet.)

Information Source: www.wfh.org